

# Paquete Cerebro de pan + Recetario Spanish Edition

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## BOOK DETAILS

- Author : David Perlmutter
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## BOOK SYNOPSIS

Con un revolucionario plan de 30 días, Cerebro de pan nos enseña cómo reprogramar nuestro destino genético para gozar de una vida plena. Ahora acompañado de 150 deliciosas recetas.

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