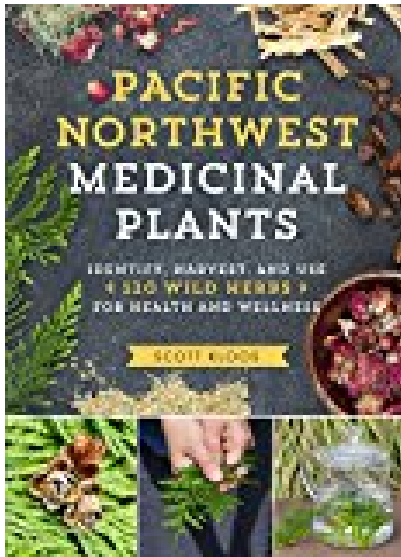


Pacific Northwest Medicinal Plants Identify Harvest and Use 120 Wild Herbs for Health and Wellness



BOOK DETAILS

- Author : Scott Kloos
- Pages : 416 Pages
- Publisher : Timber Press
- Language : English
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BOOK SYNOPSIS

Unleash the healing power of wild plants Pacific Northwest Medicinal Plants combines two trends: foraging and natural medicine. This comprehensive guide is accessible to everyone, from beginners seeking reliable advice to experienced practitioners on the hunt for new information. Readers will find plant profiles, color photographs, step-by-step instruction for essential herbal remedies, and seasonal foraging tips. This indispensable guide to finding, harvesting, and using wild plants is for readers in Alaska, Oregon, Washington, northern California, and British Columbia.

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